

Turning RTM Into Results: Driving Clinical, Operational & Financial Wins for Better Patient Care



Lekan Ajayi, PharmD
Highlands Oncology Group



Gury Doshi, MD
Texas Oncology



Kathryn Paliotta, RN
New York Cancer & Blood Specialists

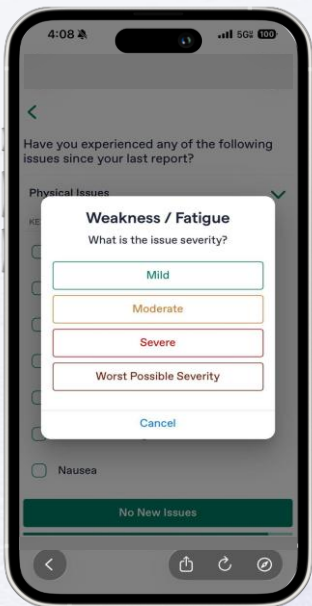




Remote Therapeutic Monitoring Overview

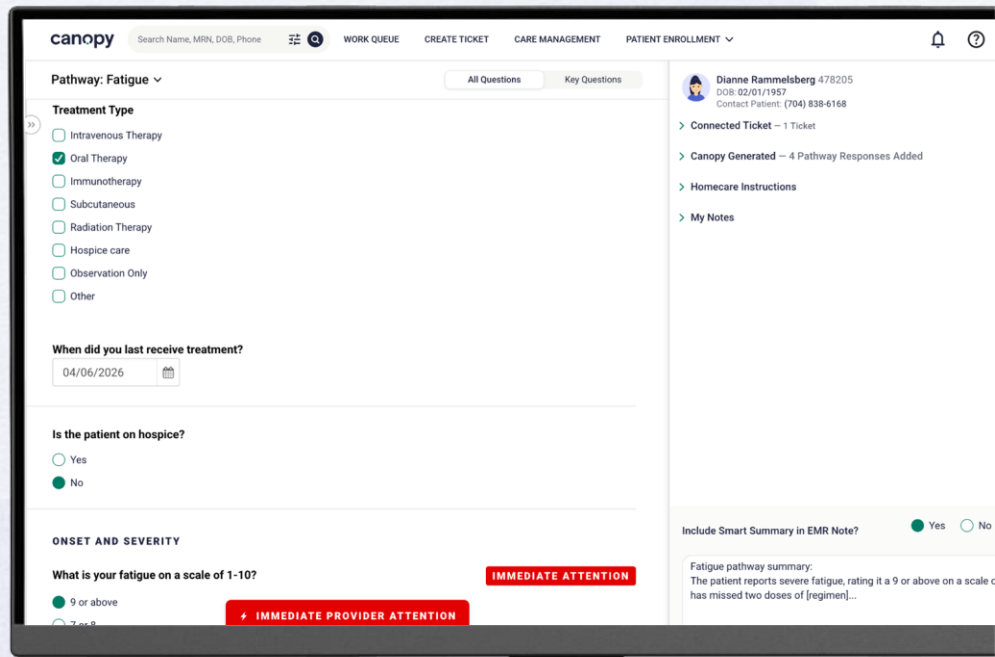
Patients

Automated invites are sent for enrollment, as well as reminders to report symptoms.



Care Team

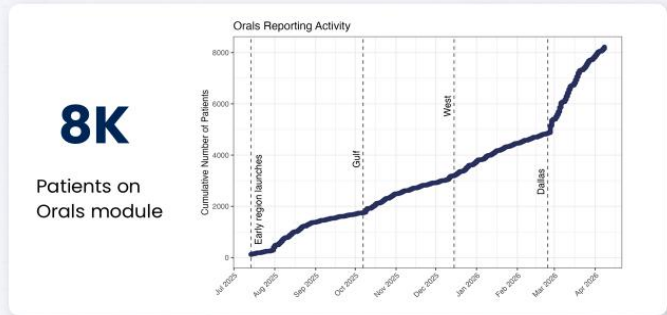
Reports are auto-prioritized in a triage queue, including standardized, symptom-specific pathways for nurses.



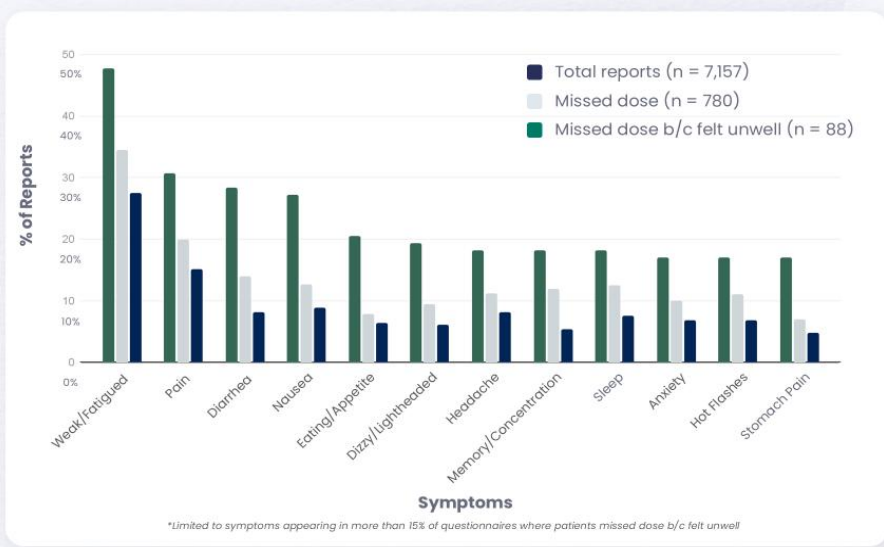


Monitoring for Oral Oncolytics

RTM as a scalable alternative to phone-based monitoring¹



Symptoms across reports by missed dose²



Common themes: reasons for missed doses¹

1. Planned holds or off weeks
2. Forgot / fell asleep / travel
3. Access issues (e.g., insurance change)
4. Side effects

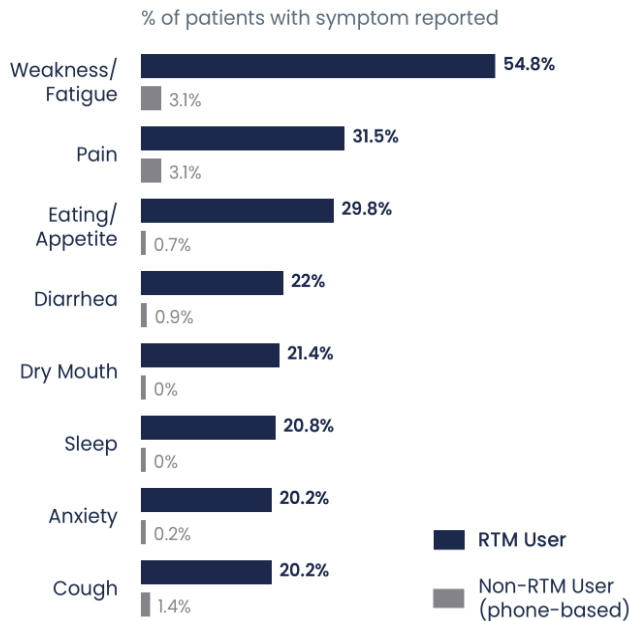
Sources:

1. Internal analysis of practice use of Canopy software
2. Sharma, S., Doshi, G., Shumway, N., Schaefer, E., Dave, N., Marcus, A., Dyson, B., Derman, B., Essell, J., Ascha, M., Calkins, G., Neiman, J., Kwiatkowsky, L., & Kolodziej, M. (2025). Application of the remote therapeutic monitoring (RTM) platform to optimize adherence and manage toxicity of oral anti-cancer medications (OAM). JCO Oncology Practice, 21(suppl 10), abstract 594. DOI: 10.1200/OP.2025.21.10_suppl.594



Significant differences in BsAbs symptom visibility with RTM

- Many symptoms were nearly invisible without RTM – dry mouth, sleep, anxiety, and numbness/tingling were reported by 17–21% of RTM users but 0% of non-RTM patients
- RTM surfaces psychosocial concerns, such as anxiety, that rarely appear in phone-based workflows



Combined RTM + phone symptom reports; N=167 RTM Users, N=426 Non-RTM Users